

Now we have characterized when $\text{spt}(\mu^{*n}) = \mathbb{Z}_p$ in terms of μ alone. It turns out that this is also a criterion for ergodicity!

Theorem (Ergodic theorem) A probability distribution μ is ergodic if and only if its support is not contained in a coset of a proper subgroup of \mathbb{Z}_p .

Proof: We have already seen that if μ is ergodic there must exist $n \in \mathbb{N}$ with $\text{spt}(\mu^{*n}) = \mathbb{Z}_p$. We must prove the converse: that if $\text{spt}(\mu^{*k}) = \mathbb{Z}_p$ for some k then $\lim_{n \rightarrow \infty} \mu^{*n} = \lambda$.

Fix a distribution μ with the property that $\text{spt}(\mu)$ is not contained in a coset of a proper subgroup of \mathbb{Z}_p . Define

$$m_k = \min \{ \mu^{*k}(t) : t \in \mathbb{Z}_p \} \quad M_k = \max \{ \mu^{*k}(t) : t \in \mathbb{Z}_p \}$$

for all $k \in \mathbb{N}$. Since there is k_0 with $\text{spt}(\mu^{*k_0}) = \mathbb{Z}_p$ we have

$$\varepsilon = m_{k_0} \in (0, 1).$$

We will show that both $\lim_{k \rightarrow \infty} m_k$ and $\lim_{k \rightarrow \infty} M_k$ exist, are equal, and are positive. Convergence follows from monotonicity: we have

$$\mu^{*(k+1)}(t) = \sum_{s \in \mathbb{Z}_p} \mu(t \ominus s) \mu^{*k}(s) \geq \sum_{s \in \mathbb{Z}_p} \mu(t \ominus s) m_k = m_k$$

for all $t \in \mathbb{Z}_p$ so $\min \{ \mu^{*(k+1)}(t) : t \in \mathbb{Z}_p \} \geq m_k$. Similarly

$$\mu^{*(k+1)}(t) = \sum_{s \in \mathbb{Z}_p} \mu(t \ominus s) \mu^{*k}(s) \leq \sum_{s \in \mathbb{Z}_p} \mu(t \ominus s) M_k = M_k$$

gives $\max \{ \mu^{*(k+1)}(t) : t \in \mathbb{Z}_p \} \leq M_k$. Thus

$$M_{k+1} \leq M_k \quad m_k \leq m_{k+1}$$

for all $k \in \mathbb{N}$. Since both sequences are bounded, they converge to M_∞ and m_∞ respectively, say. Both are positive because $m_{k_0} > 0$.

Now lets prove the limits are the same. We calculate that

$$\begin{aligned}
\mu^{*(k_0+r)}(t) &= \sum_{s \in \mathbb{Z}_p} \mu^{*k_0}(t \ominus s) \mu^{*r}(s) \\
&= \sum_{s \in \mathbb{Z}_p} \left(\mu^{*k_0}(t \ominus s) - \varepsilon \mu^{*r}(-s) + \varepsilon \mu^{*r}(-s) \right) \mu^{*r}(s) \\
&= \sum_{s \in \mathbb{Z}_p} \left(\mu^{*k_0}(t \ominus s) - \varepsilon \mu^{*r}(-s) \right) \mu^{*r}(s) + \sum_{s \in \mathbb{Z}_p} \varepsilon \mu^{*r}(-s) \mu^{*r}(s) \\
&= \sum_{s \in \mathbb{Z}_p} \left(\mu^{*k_0}(t \ominus s) - \varepsilon \mu^{*r}(-s) \right) \mu^{*r}(s) + \varepsilon \mu^{*(2r)}(0) \\
&\geq \sum_{s \in \mathbb{Z}_p} \left(\mu^{*k_0}(t \ominus s) - \varepsilon \mu^{*r}(-s) \right) m_r + \varepsilon \mu^{*(2r)}(0) \\
&= (1-\varepsilon) m_r + \varepsilon \mu^{*(2r)}(0)
\end{aligned}$$

because

$$\begin{aligned}
\mu^{*k_0}(t \ominus s) - \varepsilon \mu^{*r}(-s) &\geq \mu^{*k_1}(t \ominus s) - \mu^{*k_0}(t \ominus s) \mu^{*r}(-s) \\
&= \mu^{*k_0}(t \ominus s) (1 - \mu^{*r}(-s)) \geq 0.
\end{aligned}$$

Similarly $\mu^{*(k_0+r)}(t) \leq (1-\varepsilon) M_r + \varepsilon \mu^{*(2r)}(0)$. Since $t \in \mathbb{Z}_p$ was arbitrary we conclude that $m_{k_0+r} \geq (1-\varepsilon) m_r + \varepsilon \mu^{*(2r)}(0)$ and

$M_{k_0+r} \leq (1-\varepsilon) M_r + \varepsilon \mu^{*(2r)}(0)$. Finally, we have

$$M_{k_0+r} - m_{k_0+r} \leq (1-\varepsilon)(M_r - m_r)$$

and induction gives

$$M_{jk_0+r} - m_{jk_0+r} \leq (1-\varepsilon)^j (M_r - m_r)$$

from which it follows that $M_{jk_0+r} - m_{jk_0+r} \rightarrow 0$ as $j \rightarrow \infty$.

Lastly, if $m_\infty = M_\infty$ then we must have that $\lim_{n \rightarrow \infty} \mu^{*n}$ is constant as a function on \mathbb{Z}_p and, as a distribution, must be λ . □