



# Patient-specific modeling of heart and circulation

Theo Arts

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# Tools

## *Modeling:*

- Finite Element Model Electro-Mechanics of the heart
- CircAdapt = whole circulation model
- Incorporation of adaptation with Self-structuring

## *Disciplines and techniques:*

- Biomedical Engineering: MRI-tagging (strain mapping), imaging, modeling
- Physiology: Animal experiments
- Cardiology, Pediatrics, Radiology: Patients

## *The group*

# Requirements

- 1) Bedside-fast simulation and parameter fit
- 2) Parameters:
  - Minimum number
  - Crucial
  - Easy/Non-invasively obtainable

## Strategy

- 1) Patient identification
  - Most likely state after each added information
  - Simulation of current state
- 2) Simulation of treatment → Outlook: Selection of best

## A Start:

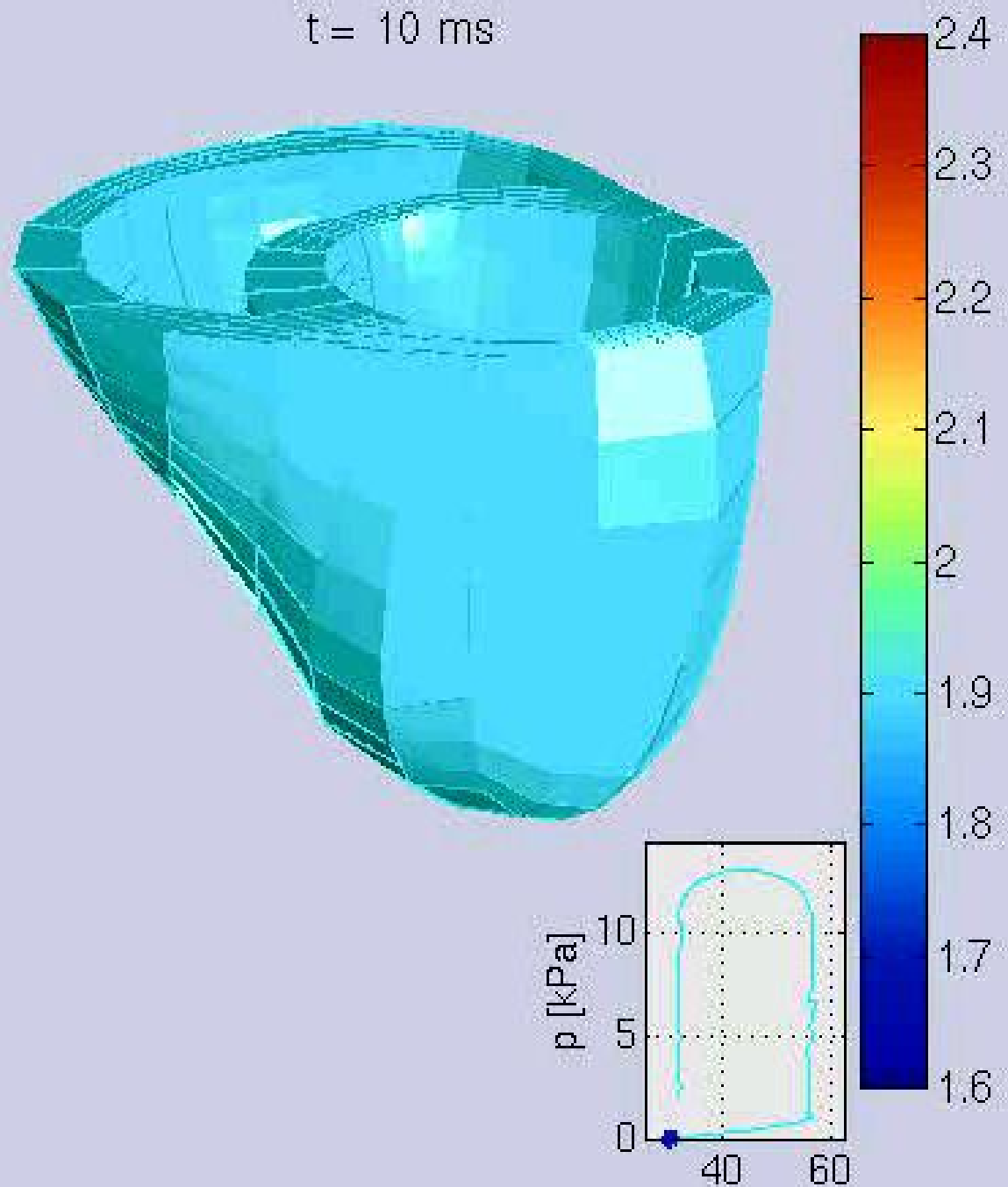
Aortic stenosis: Cardiac deformation  
Fetal circulation / birth

## FEM of LV+RV

- paced, depolarization wave with pacing
- full cardiac cycle (R. Kerckhoffs, 2003)

left+right  
ventricle  
movie:

sarcomere  
length & pV



# Parameter reduction: Self-structuring by simulation of adaptation

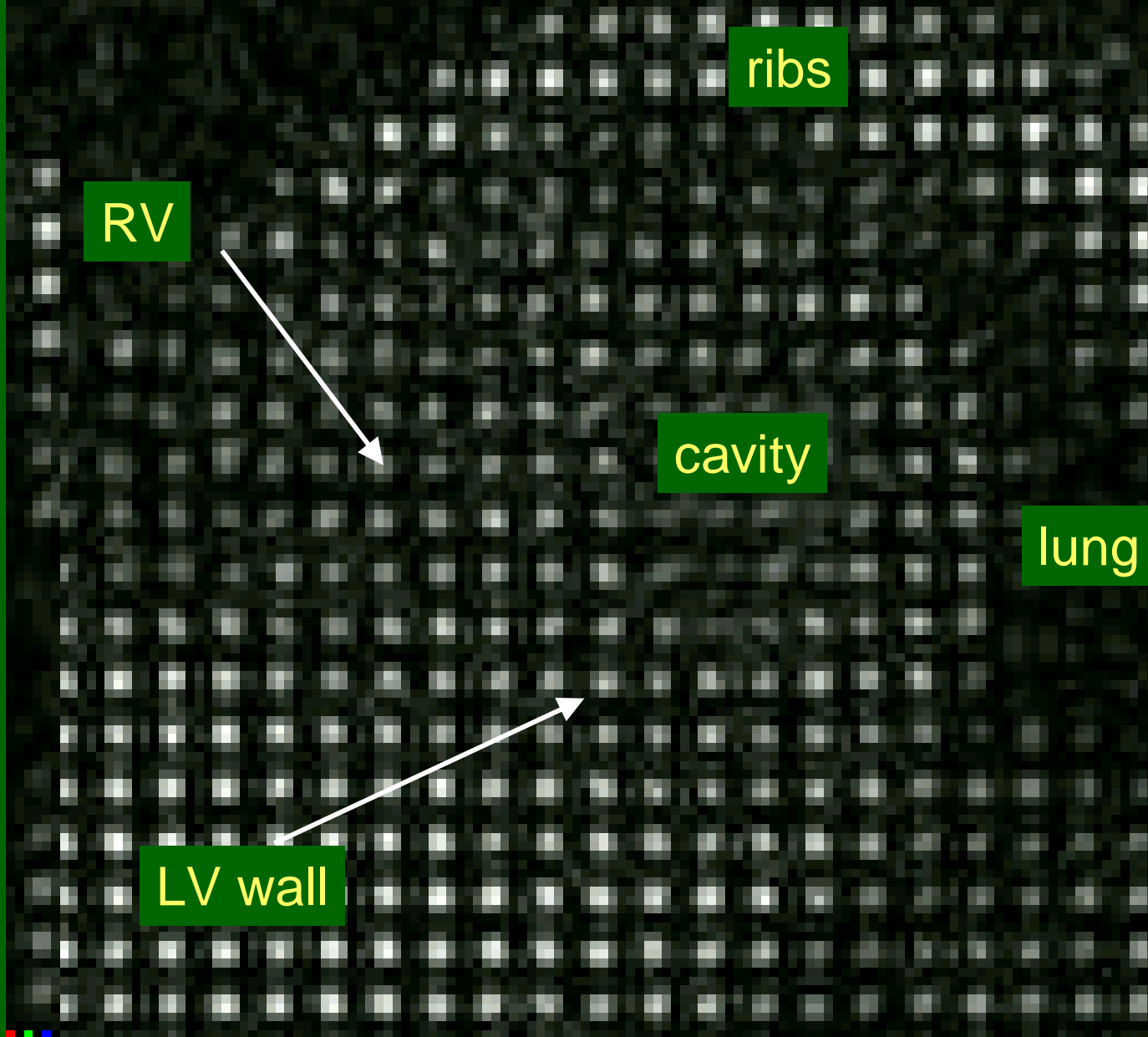
Modeling structure of myocardial wall with adaptation:

- mechanical load determines
  - wall mass
  - fiber orientation
  - sheet orientation
- size and shape of blood vessels

Enormous reduction of number of parameters

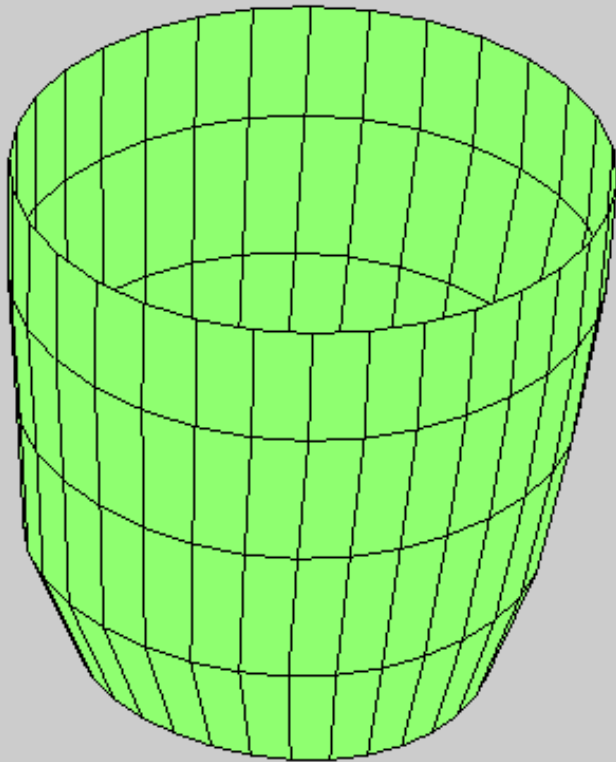
Especially in pathology: Generally 1 basic cause of pathology, followed by physiological adaptation processes.

# Magnetic Resonance Tagging (MRT)

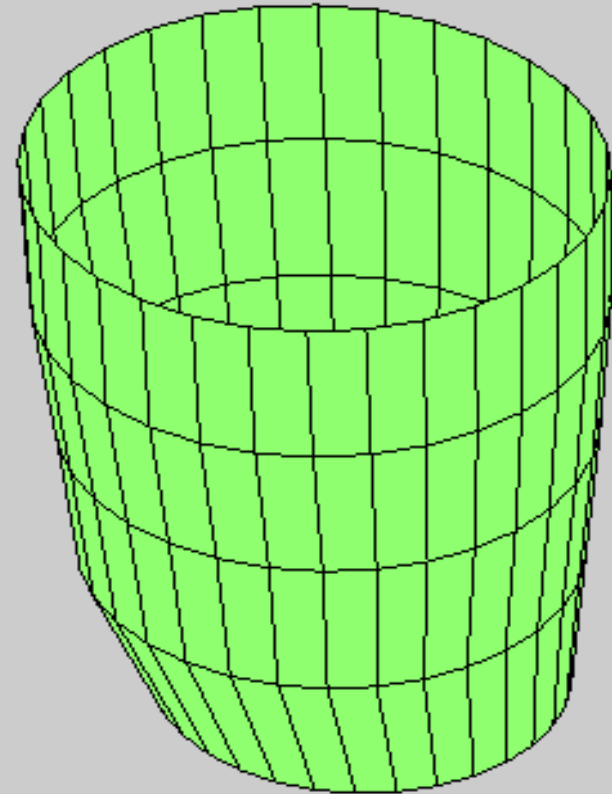


Rotation and deformation of the heart can be quantified

# Mri-Software: Midwall motion and circumferential strain



normal

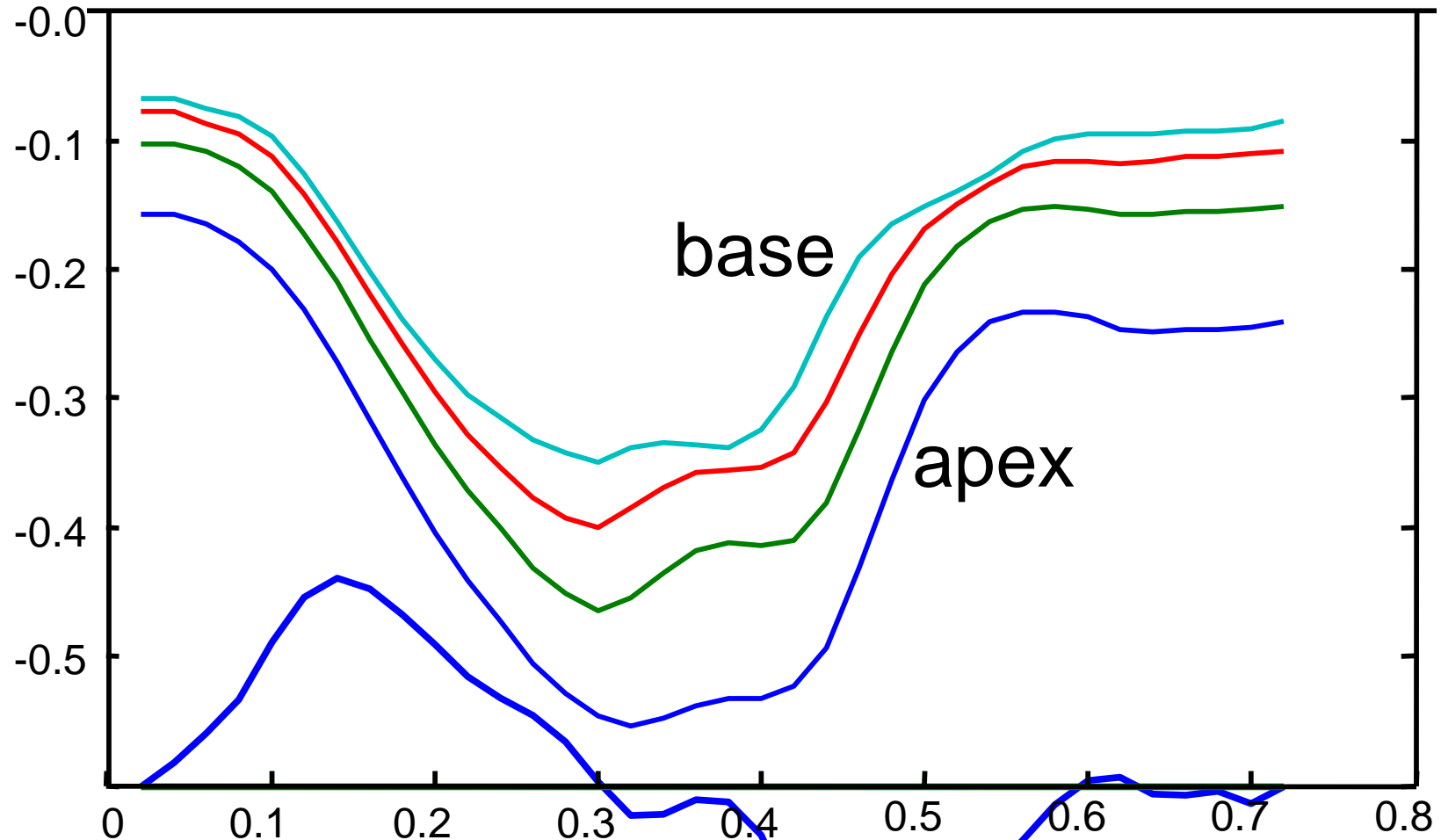


infarction



# Cavity area and $d\sim/dt$

$\ln(A_{cav}/A_{wall})$



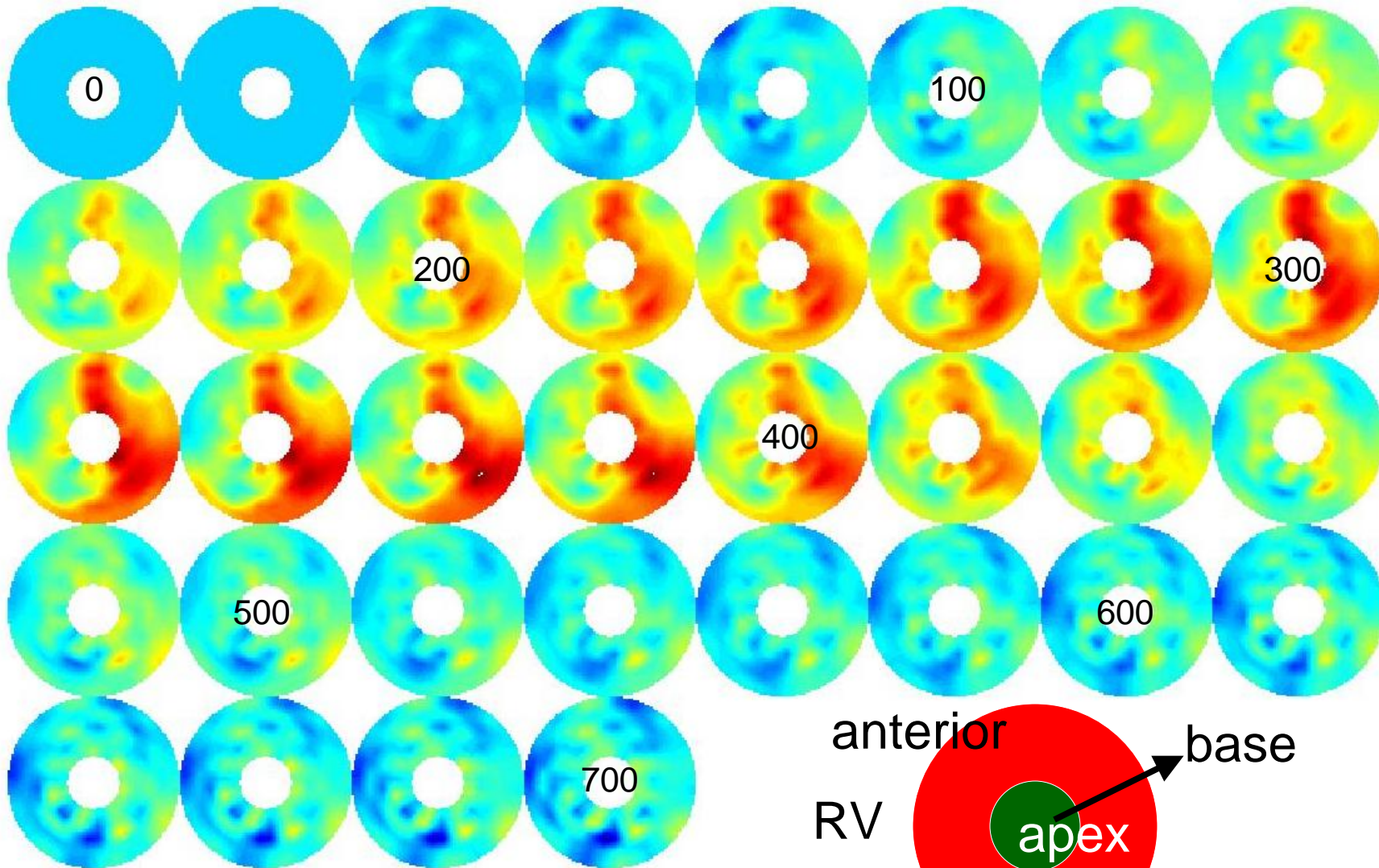
base

apex

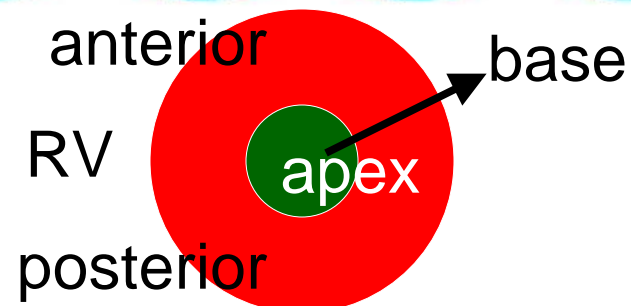
$d \ln(\text{Area})/dt$

# LV circumferential Strain

Ecc per Frame, Range [-0.30555 : 0.14761]



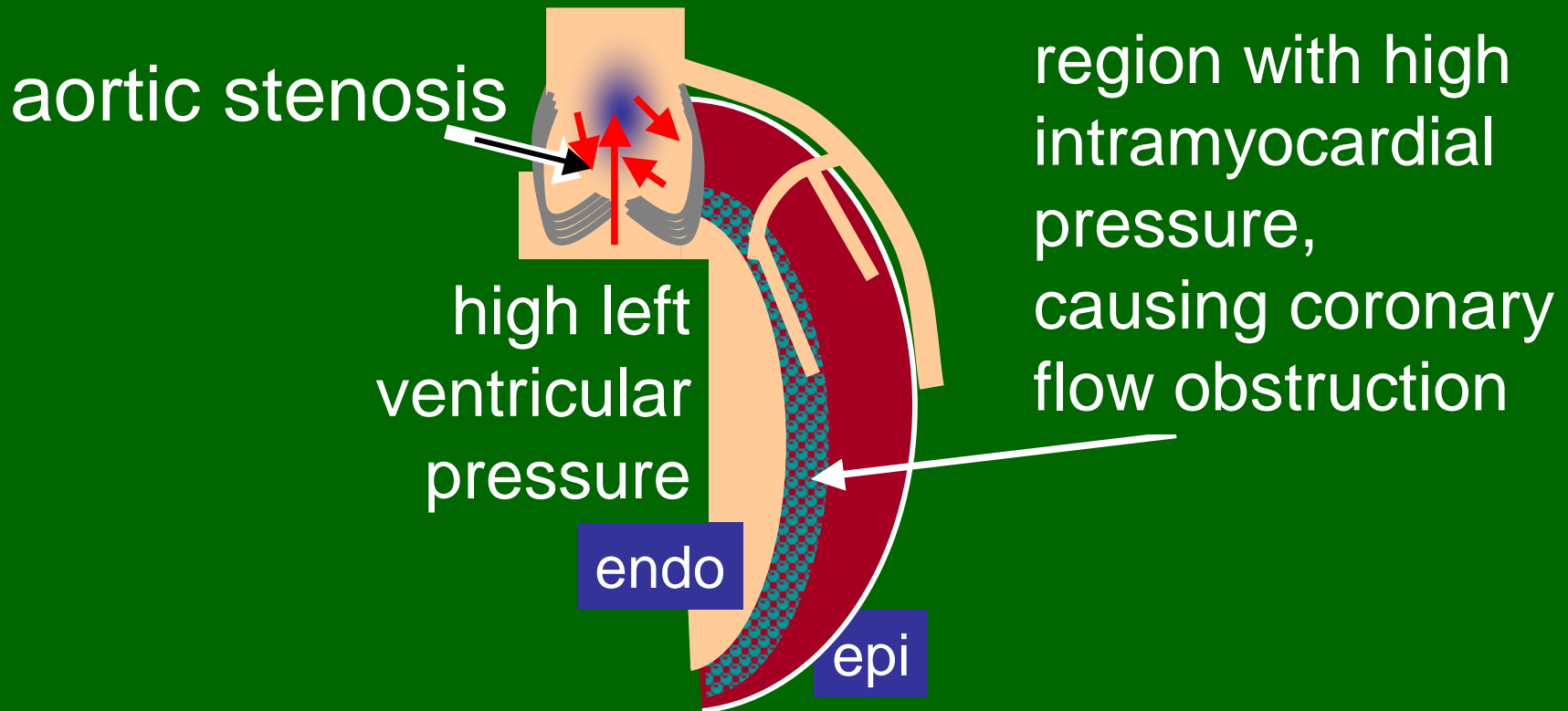
time in ms



# Aortic stenosis

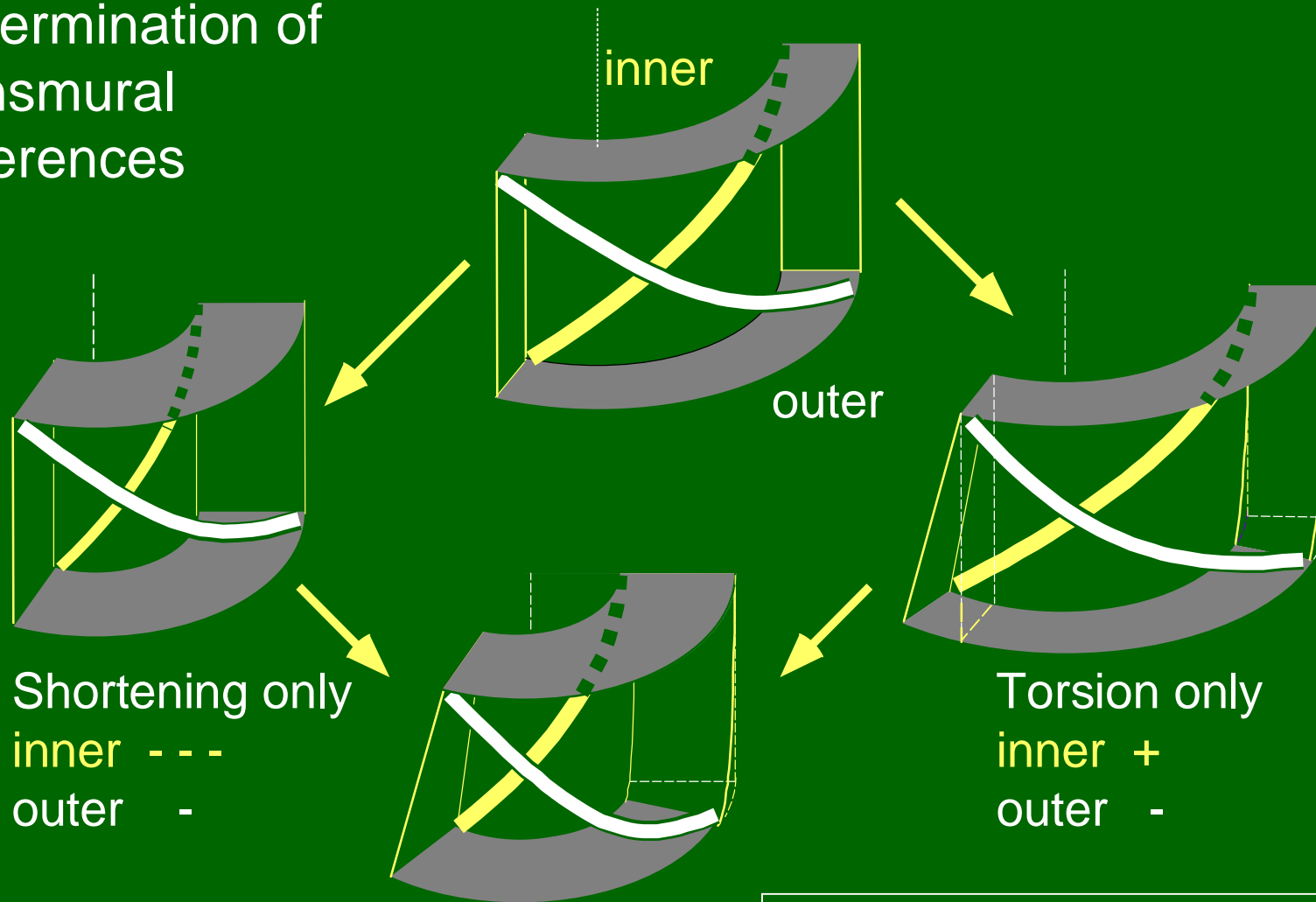


# Subendocardial dysfunction



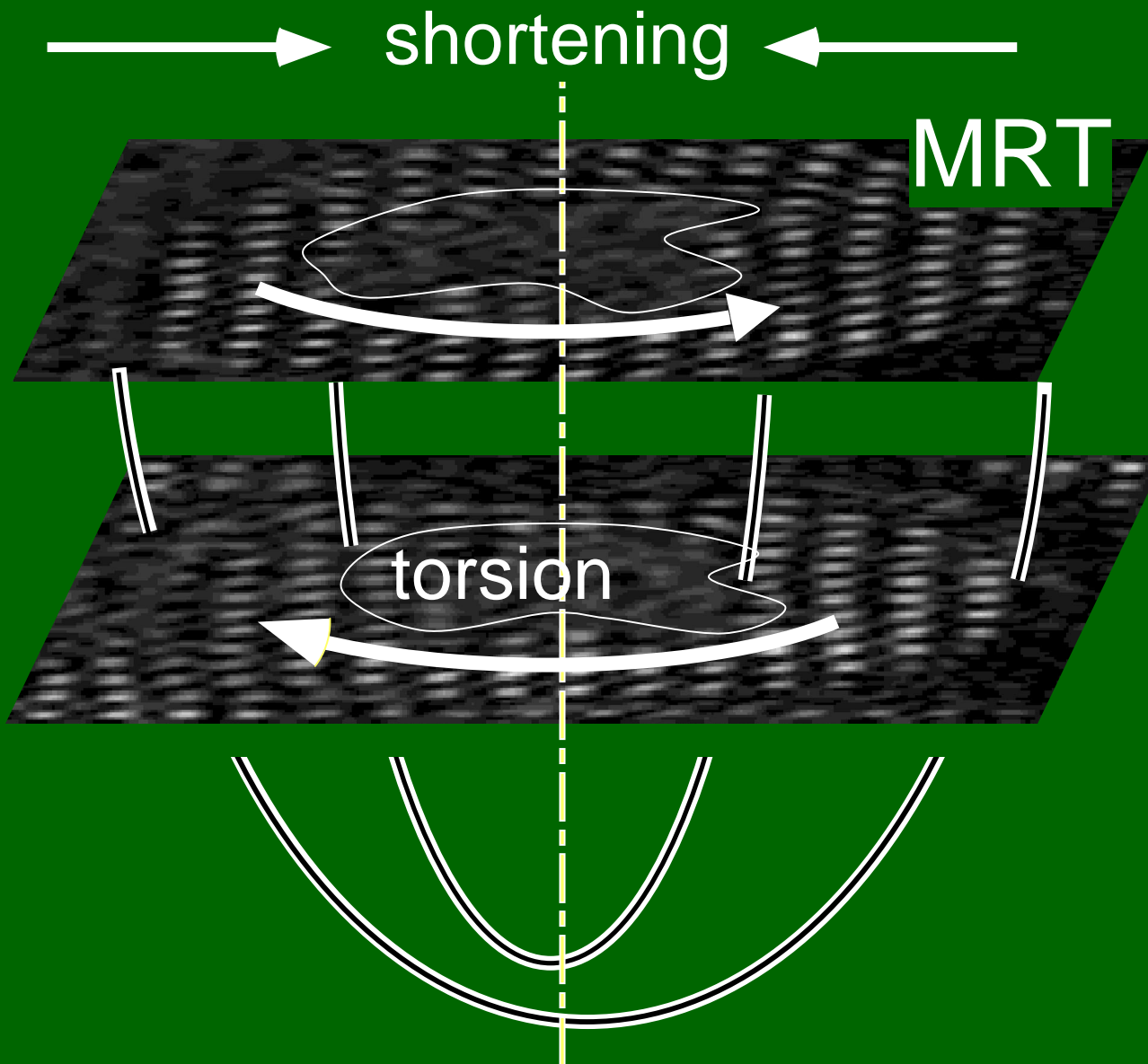
# Wall segment model (cylindrical)

Determination of transmural differences



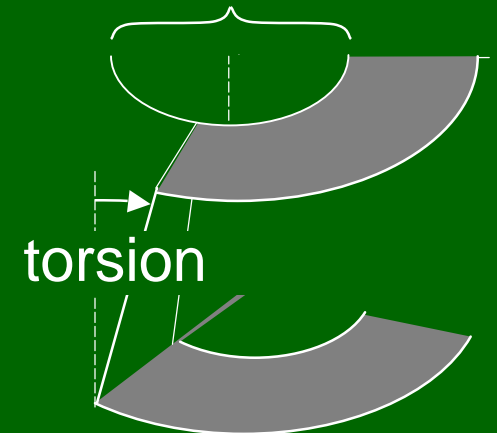
- Torsion tuned to Shortening
- IF Subendocardial ↓
- $TSR = (Torsion - / Shortening \downarrow) - -$

# Torsion/Shortening measurement

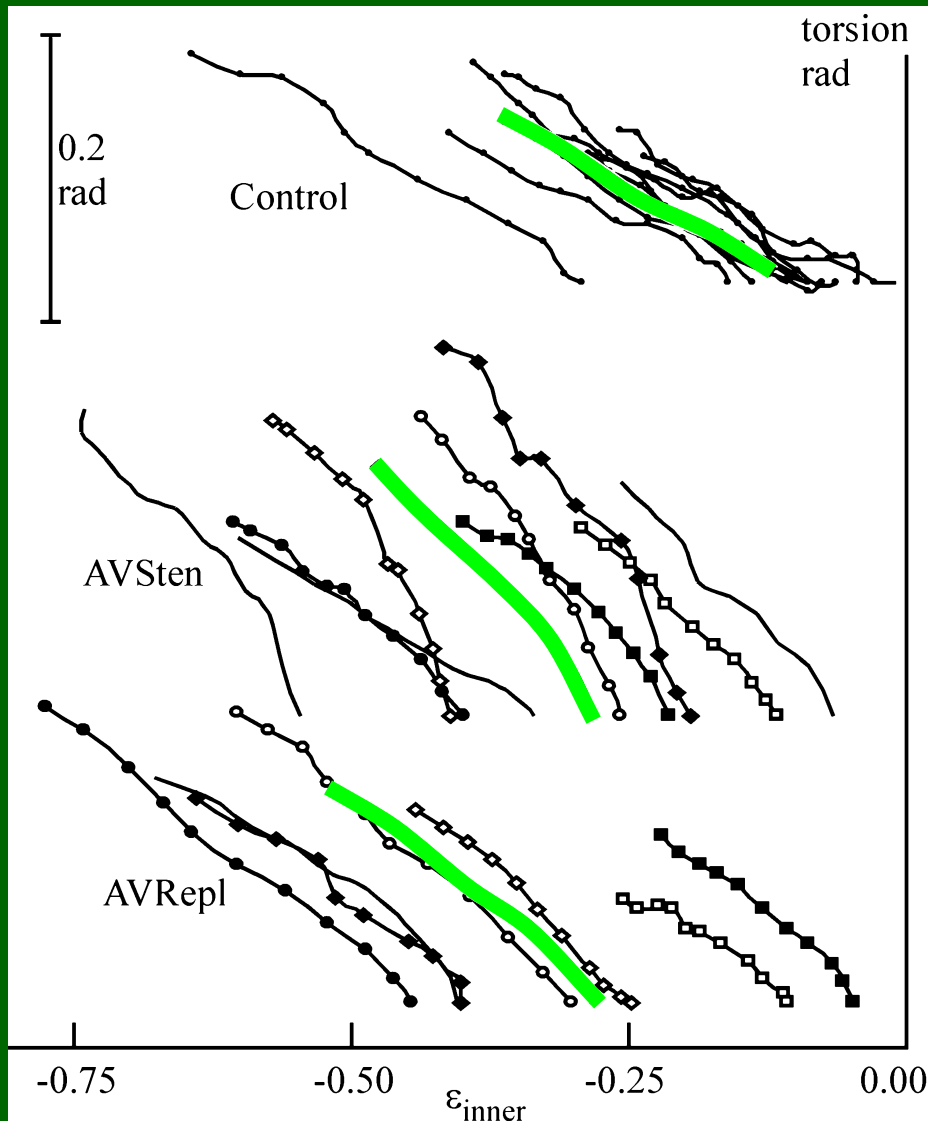


## Definitions

shortening =  $\Delta \ln(\text{Cavity Area})$



# TSR in Control and AVS patients



Inner wall strain  $\ln(L/L_{Vc=Vw})$

TSR=slope of torsion versus inner wall strain

- Dimensionless
- Species independent
- Expresses transmural difference in contractile function

*Control*= healthy young

*AVSten*= Aortic Valve Stenosis

*AVRepl*= 3 mo after aortic valve replacement

# From TSR to TransDif

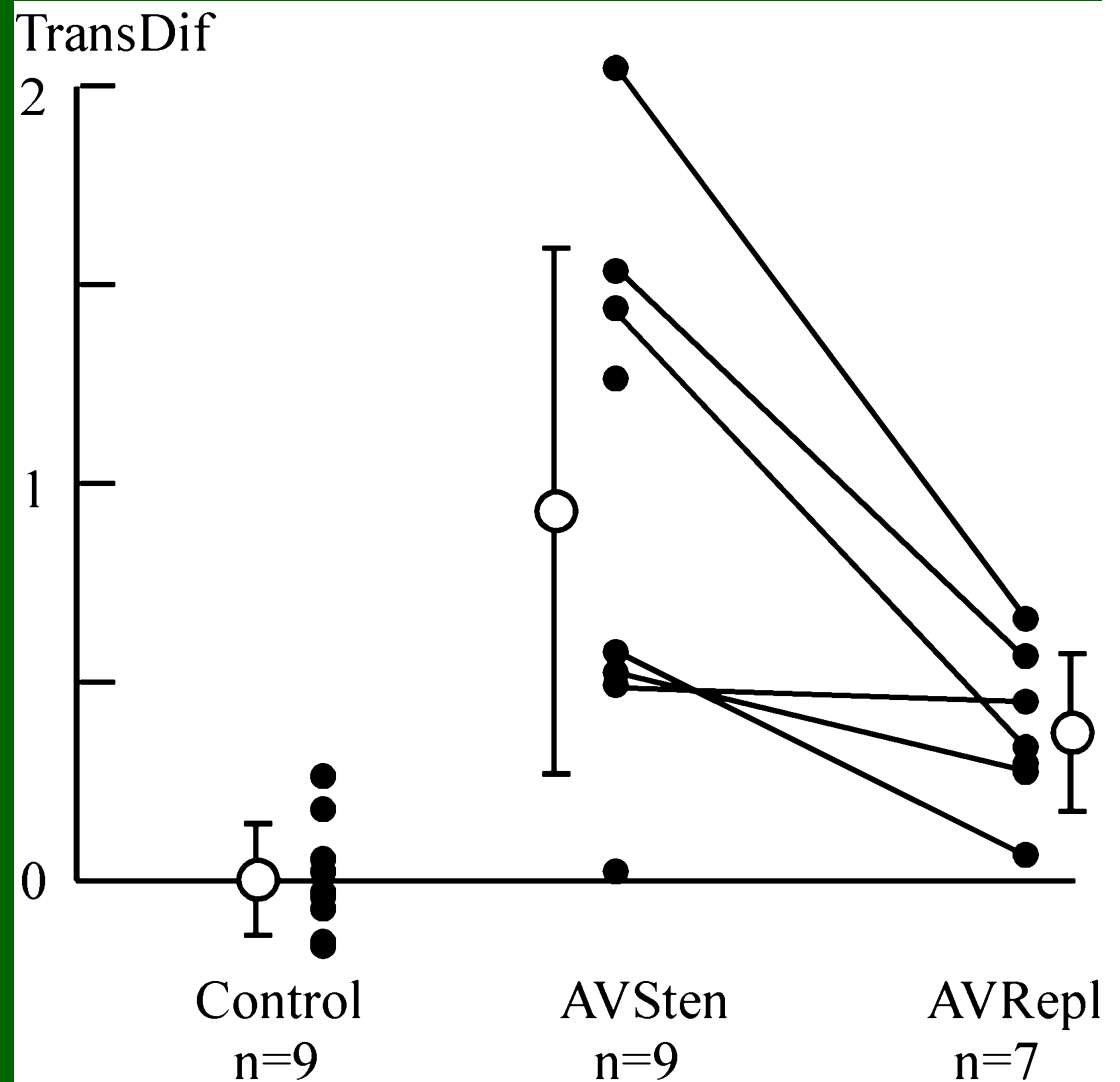
## Model:

Torsion/Shortening (TSR)



normalized transmural  
difference in myofiber  
shortening (TransDif)

$\text{TransDif} = \text{Difference} / \text{Mean}$



# CircAdapt model

## a. Modeling of circulation

- Lumped model in modules:  
chambers, tubes, valves

## b. Adaptation of modules to load

## c. Patient specific modeling with adaptation, example

*Search:*

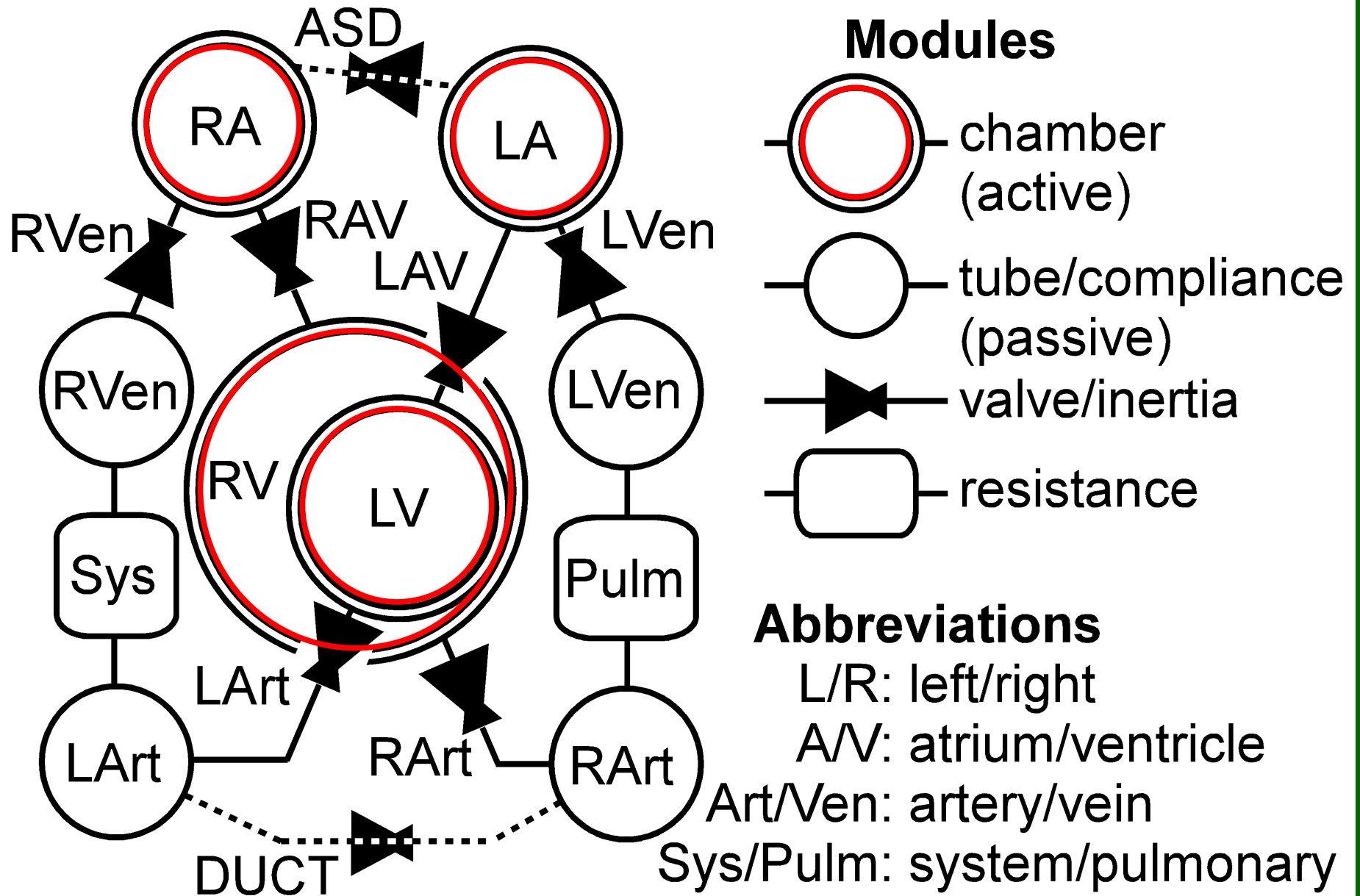
Google + keyword 'CircAdapt'

hit 'AJP': Arts T et al. *Am J Physiol.* 2005;288:H1943-H1954

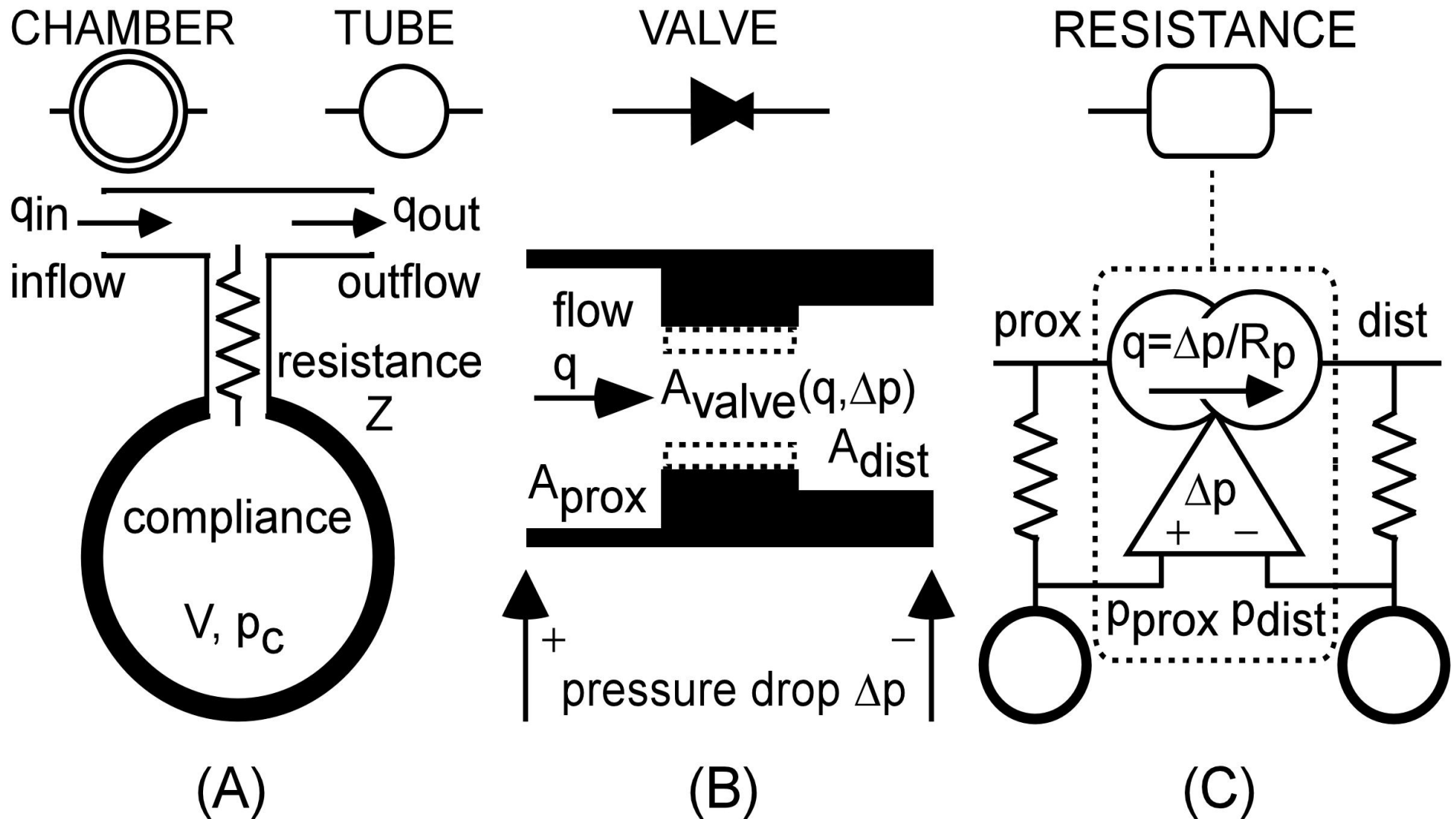
hit 'Biophysics': source code



# Circulation in modules



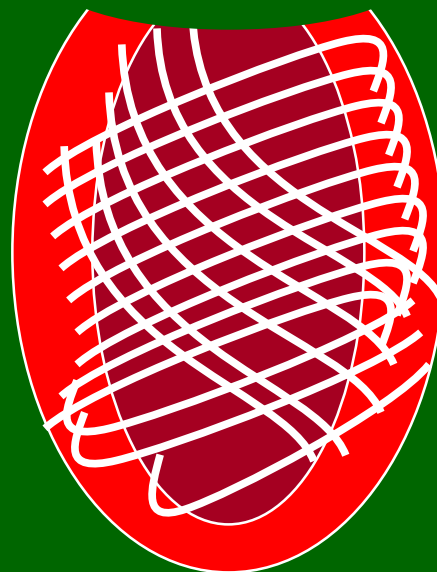
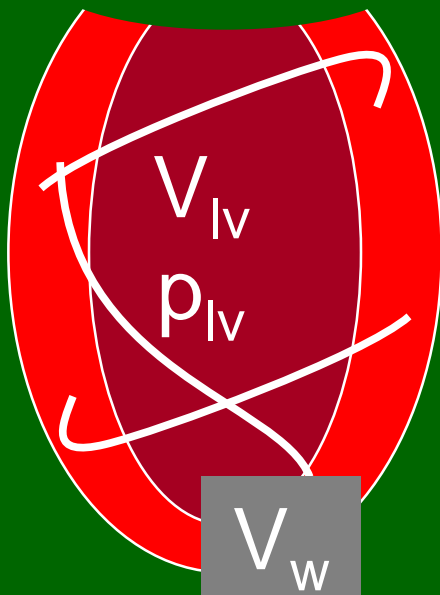
# Plumbing modules



# 1-fiber model of a thick-walled cavity (chamber or blood vessel)

ventricle  
(LV)

is wrapped  
in 1 myofiber



$$\sigma_f = p_{LV} (1 + 3 V_{LV} / V_w)$$
$$\Delta \epsilon_f = \frac{1}{3} \Delta \ln(1 + 3 V_{LV} / V_w)$$

$\sigma_f$  = myofiber stress  
 $\Delta \epsilon_f$  = myofiber strain  
 $p_{LV}$  = LV pressure  
 $V_{LV}$  = LV volume  
 $V_w$  = wall volume

FEM model confirms: Shape is practically irrelevant

# CircAdapt model

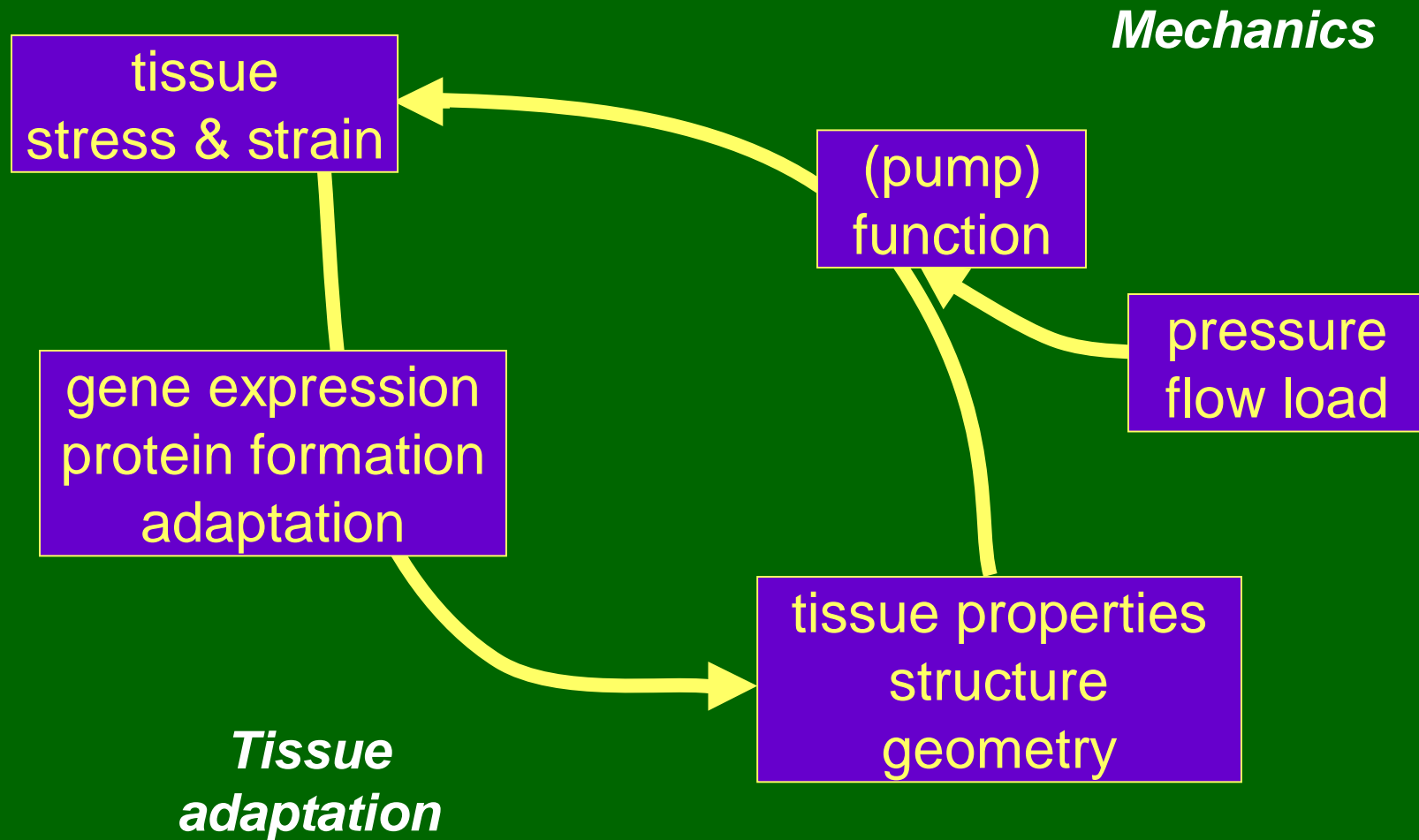
a. Modeling of circulation

- Lumped model in modules:  
chambers, tubes, valves

b. Adaptation of modules to load

c. Patient specific modeling with adaptation,  
example

# *Cardiovascular adaptation to mechanical load*



# Laws of adaptation

## Adaptation of Cavity

- Contractility → Hypertrophy
- Deformation → Dilatation

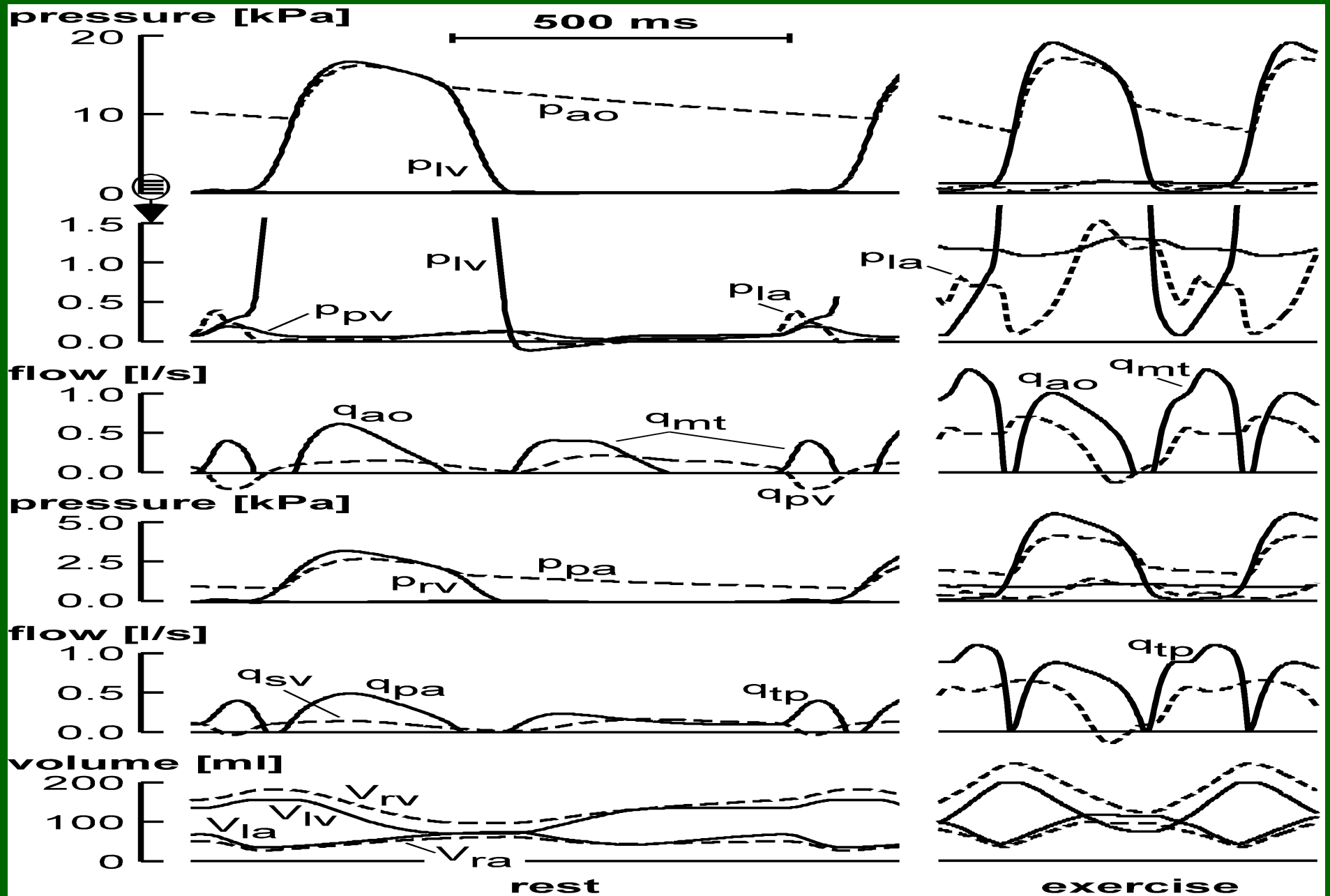
## Adaptation of Blood vessel

- Shear stress → Diameter ↑
- Wall stress → Wall thickness ↑

# Input to CircAdapt

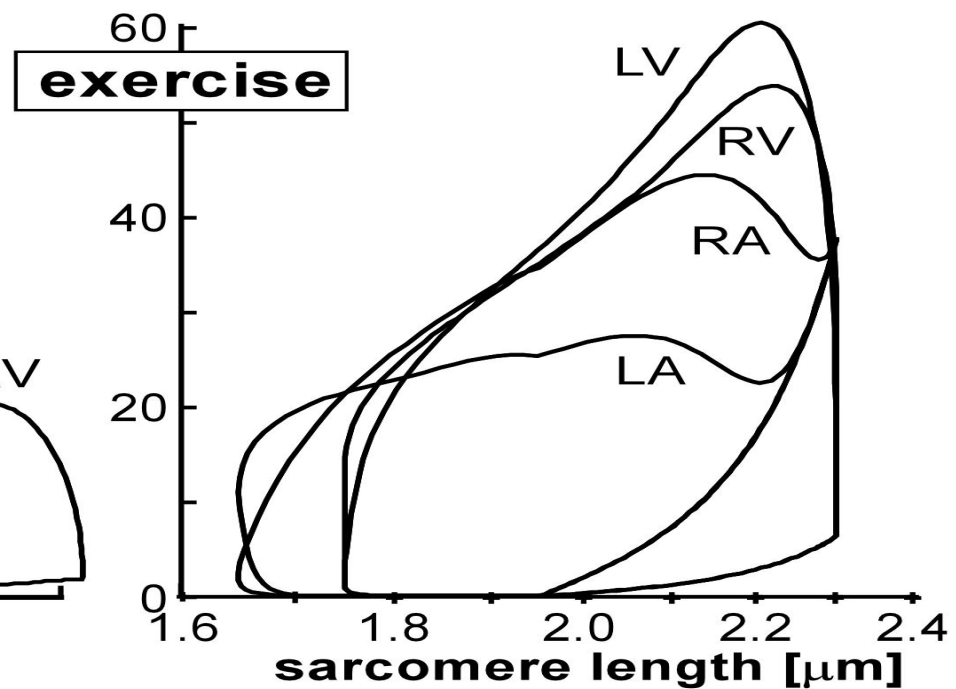
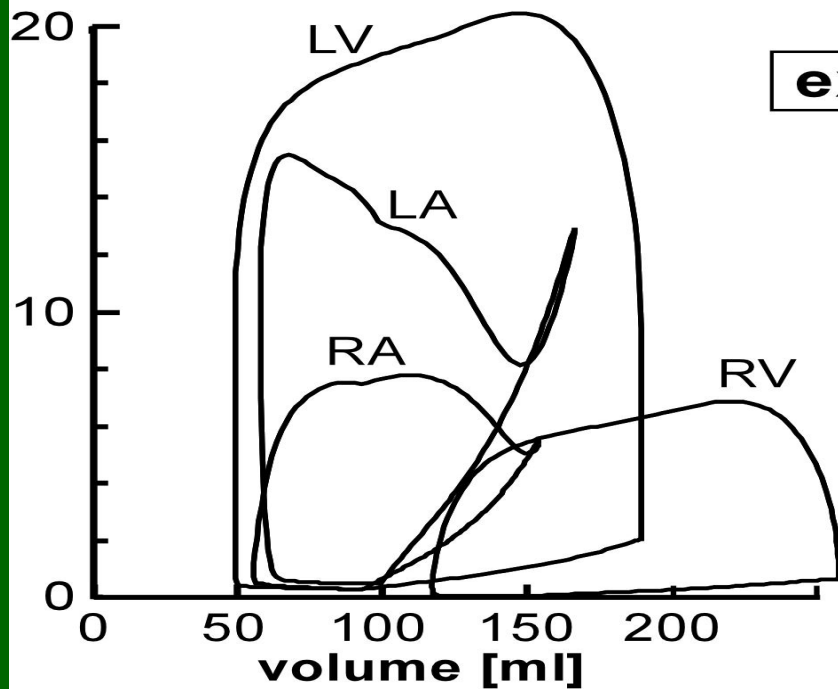
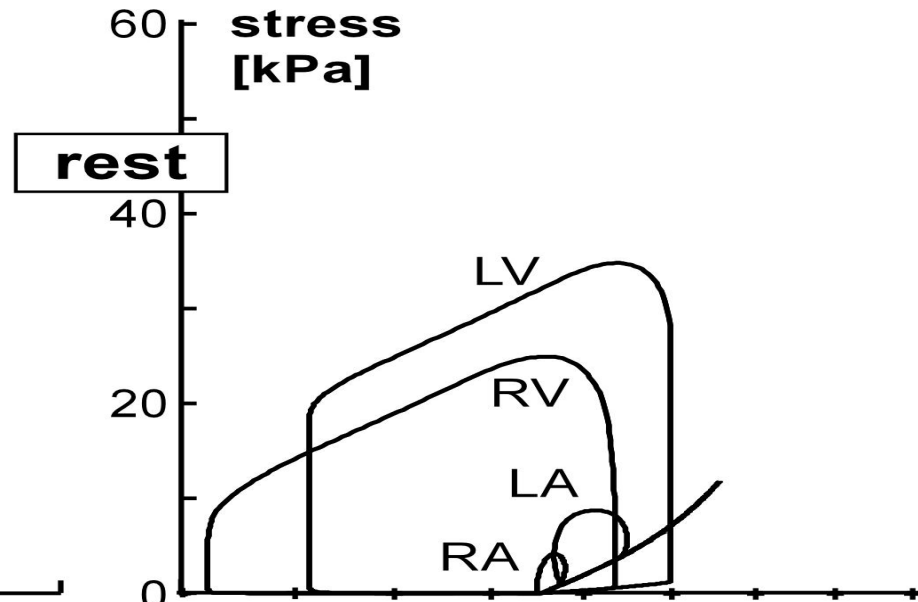
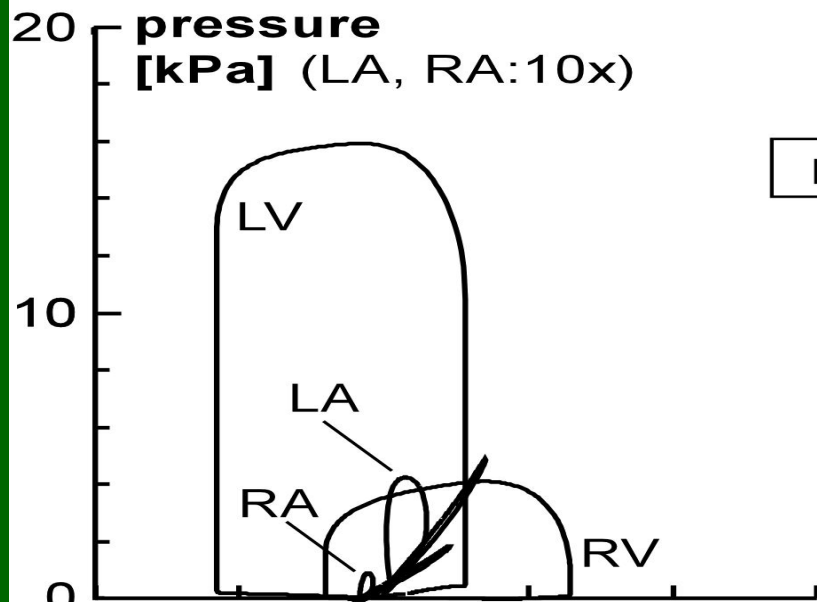
value	SI-unit	description
		<i>hemodynamics at rest</i>
12.2	kPa	mean blood pressure (=92 mmHg)
100	ml/s	mean systemic blood flow
0.850	s	cycle time (=1/HR)
1.5	kPa	blood pressure drop over lungs
		<i>tube properties</i>
60	s <sup>-1</sup>	wall shear rate for adaptation
565	kPa	maximum wall stress for adaptation
5.0	m/s	accidental velocity of body impact
7.0	-	exponent of wall material stiffness
		<i>sarcomere properties</i>
2.3	μm	L <sub>s</sub> at beginning of ejection for adaptation
1.8	μm	L <sub>s</sub> at end of ejection for adaptation
93	kPa	isometric peak active stress at L <sub>s,be,adapt</sub>
4.8	kPa	passive stress at L <sub>s,be,adapt</sub>
		<i>changes with exercise</i>
400	ml/s	mean systemic blood flow
0.350	s	cycle time (=1/HR)

# Simulations after adaptation





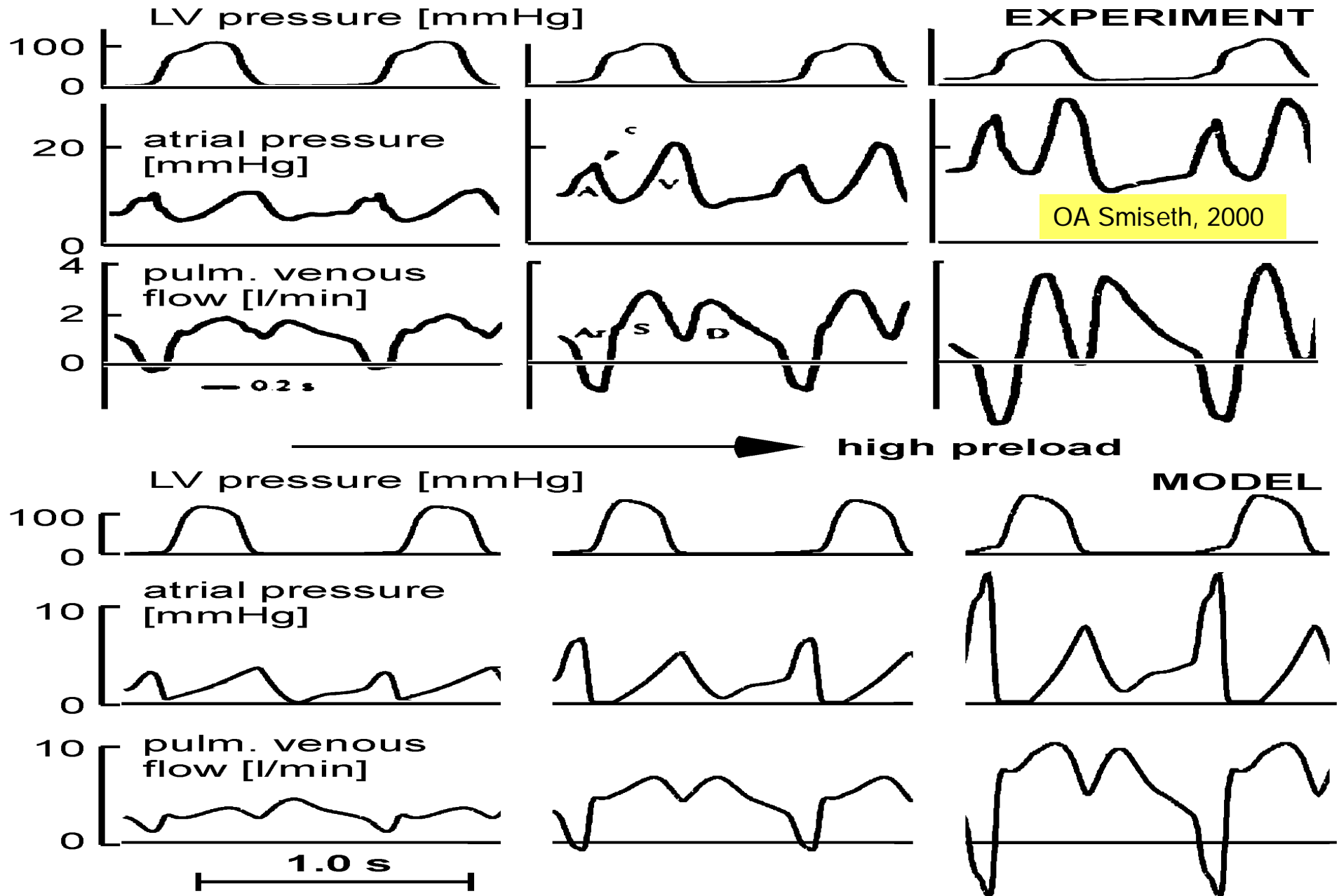
# Pressure-Volume & Stress-Strain Loops



# Calculated parameters= Result

description		adult value	fetus value	SI-unit
pulmonary vein	operating pressure ( $p_0$ )	46.2	68.1	Pa
	length compliance segment (l)	0.228	0.067	m
	wave impedance (Z)	0.427	3.77	MPa·m <sup>-3</sup> s
	wall area ( $A_{wall}$ )	23.6	4.02	mm <sup>2</sup>
left atrium	lumen area ( $A_{cav,0}$ )	535	71.9	mm <sup>2</sup>
	wall volume ( $V_{wall}$ )	8.47	0.234	ml
	$L_{s,v0}$ (Eq. 19)	0.703	0.542	μm
	passive stiffness $G_{pas}$ (Eq. A1.4)	5.02	3.12	kPa/μm
mitral valve	lumen area	1297	287	mm <sup>2</sup>
left ventricle	wall volume	113	3.12	ml
	$L_{s,v0}$ (Eq. 19)	1.24	1.00	μm
aortic valve	lumen area	519	115	mm <sup>2</sup>
aorta	operating pressure	12.3	8.53	kPa
	length compliance segment	0.41	0.193	m
	wave impedance	7.87	16.9	MPa·m <sup>-3</sup> s
	wall area	254	69.2	mm <sup>2</sup>
system	lumen area	506	195	mm <sup>2</sup>
	resistance	122	342	MPa·m <sup>-3</sup> s
systemic veins	operating pressure	54.3	166	Pa
	length compliance segment	0.41	0.258	m
	wave impedance	0.57	2.00	MPa·m <sup>-3</sup> s
	wall area	23.4	18.1	mm <sup>2</sup>
right atrium	lumen area	522	217	mm <sup>2</sup>
	wall volume	2.64	0.198	ml
	$L_{s,v0}$ (Eq. 19)	0.526	0.512	μm
	passive stiffness $G_{pas}$ (Eq. A1.4)	5.58	7.11	kPa/μm
tricuspid valve	lumen area	1297	398	mm <sup>2</sup>
right ventricle	wall volume	76.4	3.65	ml
	$L_{s,v0}$ (Eq. 19)	0.881	0.985	μm
pulm. valve	lumen area	519	159	mm <sup>2</sup>
pulm. artery	operating pressure	1.62	8.79	kPa
	length compliance segment	0.228	0.258	m
	wave impedance	3.12	21.7	MPa·m <sup>-3</sup> s
	wall area	126	56.1	mm <sup>2</sup>
pulm. system	lumen area	499	153	mm <sup>2</sup>
	resistance	15.0	3420	MPa·m <sup>-3</sup> s

# Preload variation: Pulmonary venous flow



# CircAdapt model

a. Modeling of circulation

- Lumped model in modules:  
chambers, tubes, valves

b. Adaptation of modules to load

**c. Patient specific modeling with adaptation, example of fetus and birth**

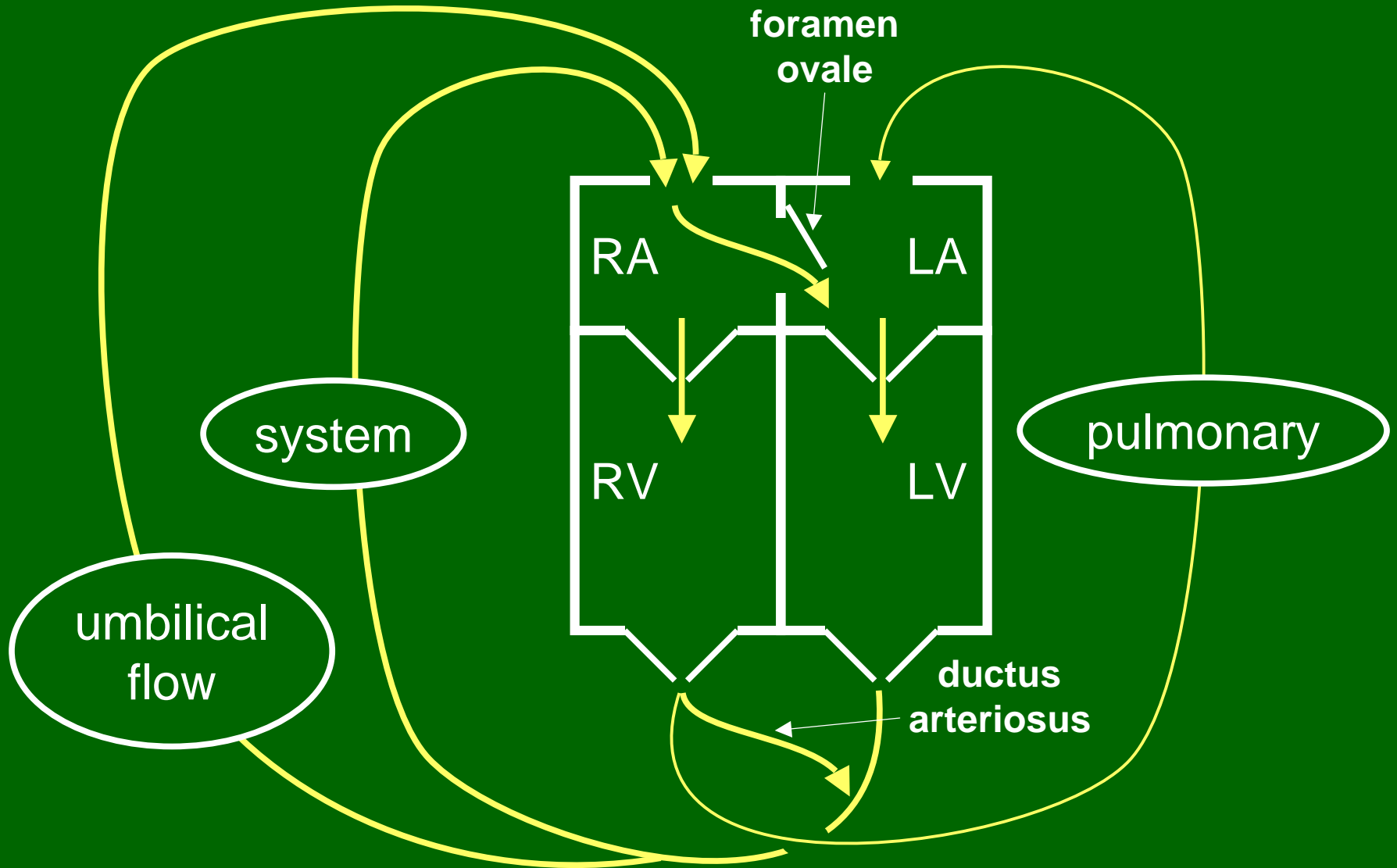
*Search:*

Google + keyword 'CircAdapt'

hit 'AJP': Arts T et al. *Am J Physiol.* 2005;288:H1943-H1954

hit 'Biophysics': source code

# Fetal circulation



# Modification to fetal/newborn circulation

## *fetal hemodynamics*

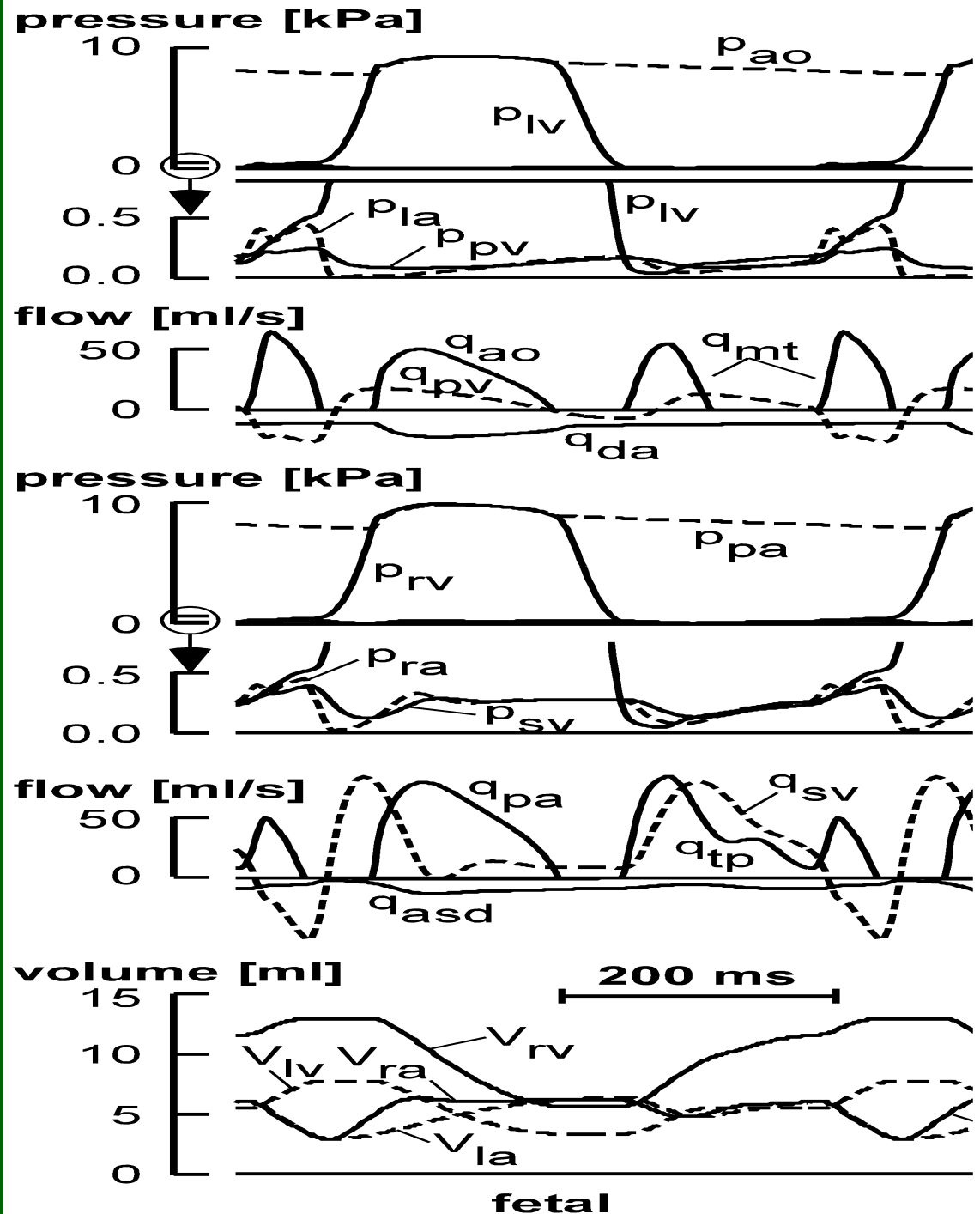
8.5	kPa	mean blood pressure (64 mmHg)
25	ml/s	mean systemic blood flow
0.417	s	cycle time (=1/HR)
10	$p_0/q_0$	fetal pulmonary peripheral resistance
20	mm <sup>2</sup>	DUCT area
18	mm <sup>2</sup>	ASD area
6	mm <sup>2</sup>	ASD area (flow reversal after birth)

## *changes in newborn*

8.8	ml/s	mean systemic blood flow
3.0	kPa	blood pressure drop over lungs

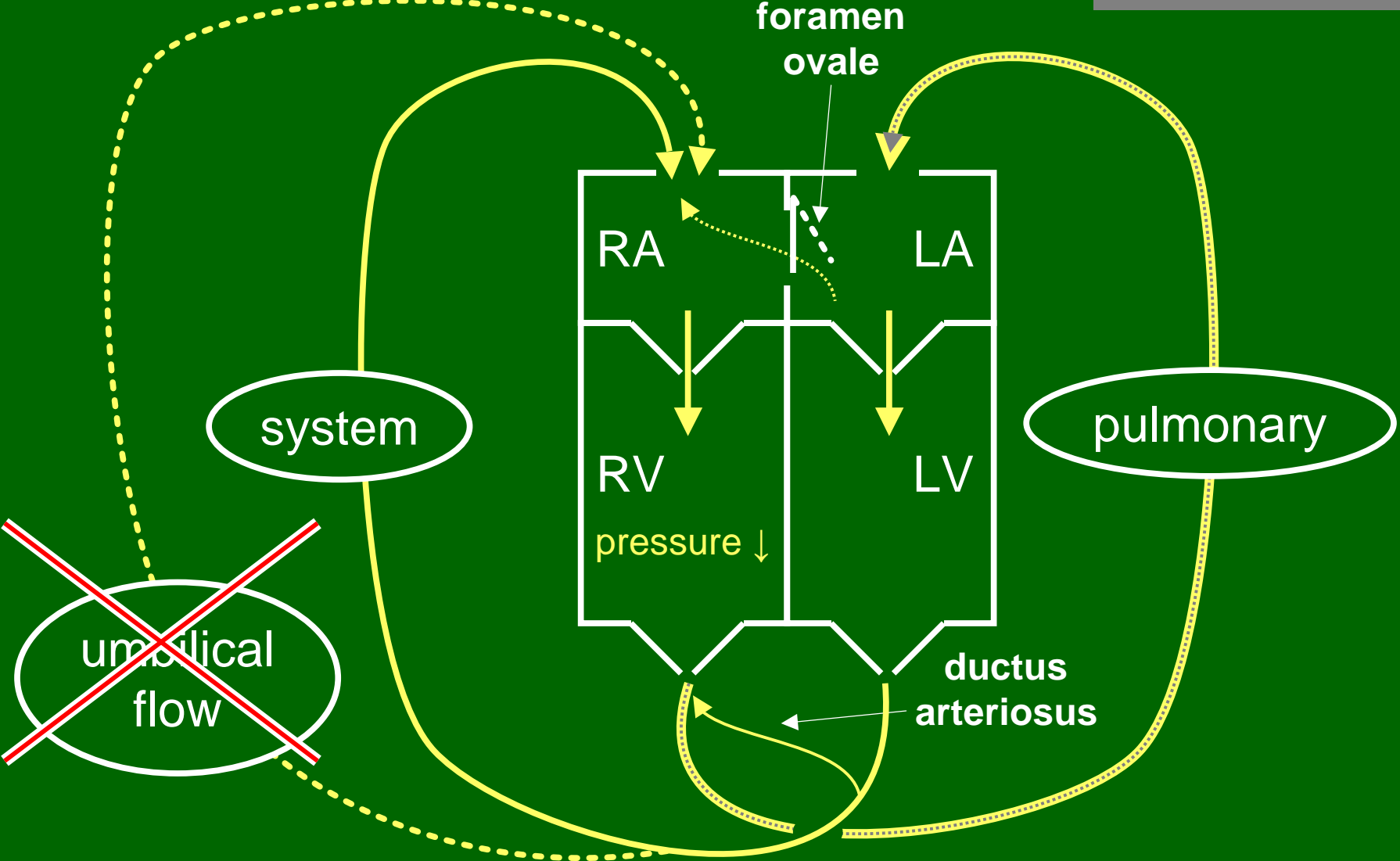
# Fetal hemodynamics

Left < Right



# Modification to newborn= Birth

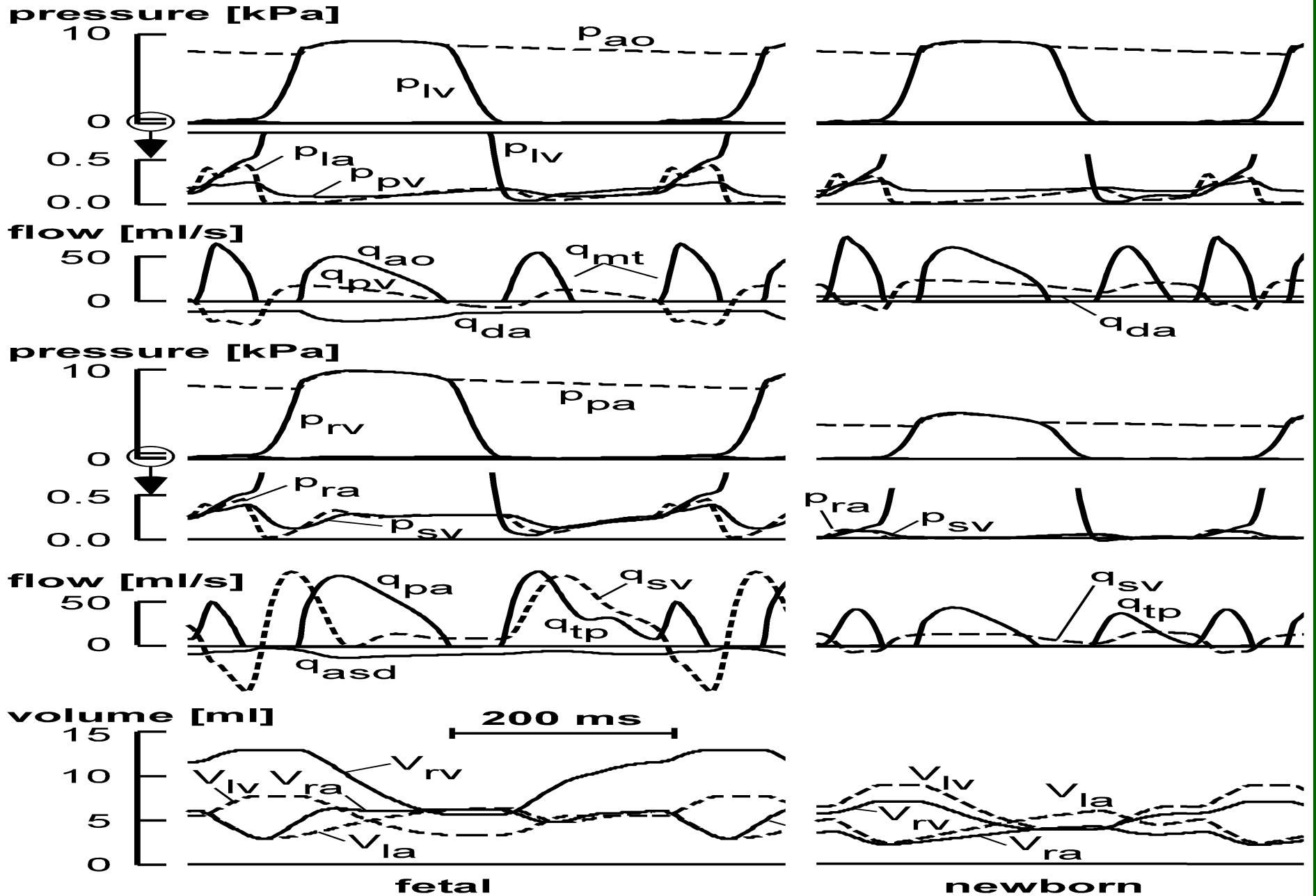
- umbilical flow stop
- pulmonary flow ↑
- prv ↓
- flow reversals





DEMO BIRTH+→

# Fetal and Newborn hemodynamics



# Promising applications

1. Patient specific modeling

2. “Non-invasive catheterization”

Pressure difference over:

- membrane → pressure transducer

- valve with inertia

  - doppler velocity and acceleration

  - mass ~ dynamic membrane

    - pressure transducer

# Performed applications

## Measurements:

- Max and Min arm blood pressure → arterial stiffness
- 2DE → LV wall volume and stroke volume
- Doppler → Aortic valve opening time, heart rate

Filling in a form (easier than hardware data acquisition)

## Result: Non-invasive

Hemodynamics(t)

pV-loop of LV

Stress-strain loop LV myocardium  
(hypertrophic stimulus)

# Conclusion

- Patient-specific modeling is within reach
- Self structuring by adaptation rules reduces the number of parameters considerably
- Modeling in physiology is of great help to unravel adaptation to mechanical load in the intact organism
- It is not all electrophysiology